

Genetic Profiles of *Escherichia coli* Isolated from Indonesian Tempeh Based on Enterobacterial Repetitive Intergenic Consensus-Polymerase Chain Reaction (ERIC-PCR)

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Tempeh is a famous Indonesian fermented food derived from soybeans inoculated with *Rhizopus* sp. Tempeh production varies depend on the producers and often conducted in an uncontrolled condition. This condition could lead to the growth of *Escherichia coli* which is known as bacterial indicators of environmental hygiene. Some strains of *E. coli* could induce diarrhea, acute gastroenteritis or gastrointestinal tract infections. The aim of this study was to compare genetic diversity of *E. coli* isolates from tempeh with medical isolates employing ERIC-PCR method. In this study, 63f and 1387r primers were used to amplify 16S rRNA genes, and ERIC 1R and ERIC 2 primers were used for ERIC-PCR analysis. Tempeh samples were obtained from four producers in Bogor. Thirty-three isolates of *E. coli* were successfully isolated from tempeh samples produced by only two producers, we could not obtain *E. coli* isolates from the other two producers. In addition, the same tempeh samples could carry different genotypes of *E. coli*. On the other hand, the same genotypes could be found in different tempeh samples. Based on phylogenetic tree analysis, *E. coli* from tempeh could be separated from medical isolates. We showed that *E. coli* isolates derived from tempeh were genetically different from those of medical or pathogenic isolates.

Key words: ERIC-PCR, *Escherichia coli*, tempeh

Tempe merupakan makanan khas Indonesia yang berasal dari fermentasi kacang-kacangan yang diinokulasi menggunakan *Rhizopus* sp. Pembuatan tempe bervariasi tergantung pengrajin dan sering pada kondisi tidak terkontrol. Kondisi yang tidak higienis dapat mengakibatkan tumbuhnya *Escherichia coli* yang dikenal sebagai bakteri indikator kebersihan lingkungan. Beberapa strain *E. coli* dapat menimbulkan diare, gastroenteritis akut atau infeksi saluran pencernaan. Tujuan penelitian ini adalah untuk membandingkan keragaman genetik isolat *E. coli* dari tempe dengan isolat medis menggunakan metode ERIC-PCR. Pada penelitian ini, primer 63f dan 1387r digunakan untuk mengamplifikasi gen 16S rRNA, dan primer ERIC 1R dan ERIC 2 digunakan untuk analisis ERIC-PCR. Sampel tempe diambil dari empat pengrajin tempe di Bogor. Tiga puluh tiga isolat *E. coli* telah berhasil diisolasi dari sampel tempe yang diproduksi oleh dua pengrajin, isolat *E. coli* tidak ditemukan dari dua pengrajin lainnya. Lebih lanjut, sampel yang sama dapat membawa genotip *E. coli* yang berbeda. Disisi lain, genotip yang sama dapat ditemukan dalam sampel tempe yang berbeda. Berdasarkan analisis pohon filogenetik, *E. coli* dari tempe terpisah dengan isolat medis. Penelitian ini menunjukkan bahwa *E. coli* yang berasal dari tempe secara genetik berbeda dengan isolat medis atau *E. coli* patogen.

Kata kunci: ERIC-PCR, *Escherichia coli*, tempe

Tempeh is traditional Indonesian food derived from soybeans fermented by *Rhizopus* sp. Tempeh contains vitamins B₁₂, phytochemicals, antioxidative (Keuth and Bisping 1994; Astuti *et al.* 2000), essential fatty acid (Utari 2010), and isoflavon compounds (Haron *et al.* 2009). Some report also stated that tempeh have many health benefits such as can prevent the free radicals (Utari 2010), decreased risk of heart disease and strokes, osteoporosis, cancer, and menopause (Babu *et al.* 2009).

Production of tempeh is done in different ways by different producers, and generally in uncontrolled conditions. The quality of tempeh is determined by three factors i.e raw material, microorganisms, and environment. The function of *Rhizopus* provides substrates for bacteria in synthesizing components of taste and other nutritional components (Seumahu 2012). Some of bacteria were known to contribute to increase quality of tempeh, such as *Citrobacter freundii* and *Klebsiella pneumoniae* (Keuth and Bisping 1994), *Lactobacillus reuteri* (Taranto *et al.* 2003), *Bacillus* sp. (Barus *et al.* 2008) and lactic acid bacteria (Efriwati *et al.* 2013). Besides that, in tempeh

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also found Enterobacterial group namely *Escherichia coli* (Barus *et al.* 2008). Unhygienic conditions led to the growth of *E. coli* in water provides an indication of fecal contamination.

Normally *E. coli* is found in the digestion of both humans and animals, but *E. coli* also have an important role in the spread of zoonotic diseases through food. Certain serotypes can cause disease such as O157:H7 which produces shiga toxin (Todar 2004). Some strains of *E. coli* could induce diarrhea, acute gastroenteritis or gastrointestinal tract infections. Strains of *E. coli* pathogen consists of five groups namely: enteropathogenic *E. coli* (EPEC), enterotoxigenic *E. coli* (ETEC), enterohemorrhagic *E. coli* (EHEC), enteroaggregative *E. coli* (EaggEC) and enteroinvasive *E. coli* (EIEC) (Nataro and Kaper 1998).

Genetic differences may affect the characteristics of *E. coli*, particularly in relation to the medical fields. Therefore, the study of genetic diversity is important for the identification, characterization and to study evolution and epidemiology of the pathogenicity of the bacteria (Rademarker and de Bruijn 1997). One of the many molecular techniques to study genetic diversity is Enterobacterial Repetitive Intergenic Consensus-Polymerase Chain Reaction (ERIC-PCR). ERIC sequences are short sequences, which is usually 126 bp long with replications area that conserve and in the non-coding area, sequences that are not encoded into proteins (Lupski and Weinstock 1992). This technique was used because it is fast, simple, discriminative (Meacham *et al.* 2003) and has been successfully used to analyze the diversity of some groups of bacteria such as *Lactobacillus* (Stephenson *et al.* 2009), *V. cholerae* (Waturangi *et al.* 2012), and *Klebsiella* spp. (Barus *et al.* 2013).

MATERIALS AND METHODS

Medical Isolates of *E. coli*. Three medical isolates were used for comparison with *E. coli* from tempeh i.e. *E. coli* ATCC 25922 (collection of Microbiology Laboratory, Faculty of Medicine, University of Indonesia, Jakarta), *E. coli* O157 (collection of Microbiology Laboratory, Faculty of Medicine, Atma Jaya Indonesia Catholic University, Jakarta) EPEC K.1.1 (collection of Microbiology Laboratory, Faculty of Mathematics and Natural Science, Bogor Agricultural University, Bogor) and *E. coli* DH5 α was used as control positive (collection of Microbiology Laboratory, Faculty of Technobiology, Atma Jaya Indonesia Catholic University, Jakarta).

***E. coli* Isolates from Tempeh.** Fresh tempeh obtained from producer EMP, DRG, WJB and CLR in Bogor, West Java, Indonesia. Tempeh sampling were conducted in four month i.e. December 2013 until March 2014. A total of 10 g of each fresh tempeh was homogenized in 90 mL of sterile physiological salt 0.85% (w/v) (NaCl). Dilution was made from 10^{-1} until 10^{-5} . A total of 100 μ L from dilution of 10^{-2} , 10^{-3} , 10^{-4} , and 10^{-5} were spread on Eosin Methylene Blue (EMB) Agar (Oxoid) and incubated at 37 °C for 24 h. Colonies with characteristic metallic green on EMB Agar were purified by quadrant method. These colonies were further analyzed by cultivating them on Simmon's Citrate Agar (SCA) (Difco), and incubated at 37 °C for 24 h.

Amplification of 16S rRNA Genes *E. coli*. Genom of each *E. coli* was isolated using Cetyl Trimethyl Ammonium Bromide (CTAB) method (Sambrook and Russell 2001). The 16S rRNA gene was amplified employed a PCR machine (Applied Biosystems, 2720 Thermal Cycler) using 63f (5'CAG GCC TAA CAC ATG CAA GTC-3') and 1387r primers (5'-CCC GGG AAC GTA TTC ACC GC-3') (Marchesi *et al.* 1998). PCR master mix (50 μ L) consists of 25 μ L GoTaq Green[®] Master Mix (Promega), 2 μ L primer forward and reverse (25 pmol μ L⁻¹), 19 μ L nucleas free water and 1 μ L DNA template. The PCR protocol was as follows: initial denaturation at 94 °C for 5 min, denaturation at 94 °C for 30 s, annealing at 55 °C for 30 s, elongation at 72 °C for 1 min, and post extention at 72 °C for 20 min. The cycle was repeated for 35 times. A total of 5 μ L of PCR amplification products were further verified by electrophoresis in 1% agarose (Bioline) for 60 min, 80 V and visualized by using UV transilluminator (UVB 36 ultralum, Carson, California). Sequencing of PCR product were performed in First Base Sequencing INT, Malaysia, and were analyzed using MEGA 5.2 program. Sequencing results were compared to the database with the Basic Local Alignment Search Tool Nucleotide (BLASTN) program which is provided by National Center for Biotechnology Information (NCBI).

Analysis of Genetic Profiling of *E. coli* Isolates by ERIC-PCR. ERIC sequence of *E. coli* was amplified using ERIC 1R (5'- ATGTAAGCTCCTGG GGATTAC-3') and ERIC 2 primers (5'- AAGTAAGTGAAGTGGGGTGAGCG-3') (Versalovic *et al.* 1991). PCR master mix (25 μ L) consists of 12.5 μ L GoTaq Green[®] Master Mix (Promega), 1 μ L of each other primer (25 pmol μ L⁻¹), 9.5 μ L nuclease free water,

and 1 μ L DNA template. The PCR protocol was as follows: initial denaturation at 95 °C for 7 min, denaturation at 95 °C for 30 s, annealing at 49 °C for 1 min, elongation at 65 °C for 8 min, and post extension at 65 °C for 16 min. The PCR cycle was repeated for 30 times. A total of 3 μ L of PCR product was verified by electrophoresis in 1.5% agarose (w/v) for 120 min and 113 V and visualized by using UV transilluminator (UVB 36 ultralum, Carson, California). Band profiles were then compared as binary number and analyzed using MEGA 5.2 software. Phylogenetics tree construction was performed employing Unweighted Pair Groups Method Analysis (UPGMA).

RESULTS

***E. coli* in Tempeh.** Eighty-one isolates of *E. coli* were isolated from EMP, DRG, and CLR tempeh (Table 1). The colonies showed metallic green on EMB medium. However, further analysis on Simmon's Citrate medium showed only 33 isolates showed positive characters of *E. coli*, i.e the *E. coli* colonies showed not be able to utilize citrate.

16S rRNA gene of each isolate have been successfully amplified using 63f and 1387r primers with a size of DNA fragments about 1.3 kb (Fig 1). Based on BLASTN, sequence of 16S rRNA gene showed similarity with *E. coli* with maximum identities for each isolate ranging from 96% to 100%, with E-value 0.0.

E. coli was not always found in tempeh samples. In this study, *E. coli* was found only in the EMP and CLR tempeh with different population (Table 1) of four different times for sample collections. *E. coli* was found in EMP tempeh from second until fourth sampling and only once was found in the CLR tempeh.

Genetic Profiling of *E. coli* Isolates. ERIC sequences of 33 *E. coli* isolates from tempeh and 3 medical isolates were successfully amplified using ERIC 1R and ERIC 2 primers (Fig 2). Visualization of the ERIC-PCR profiles shows that DNA banding patterns of *E. coli* from tempeh were different to that of medical isolates. Band profiles of *E. coli* isolates from tempeh showed consistencies of size 0.25 kb and 1.0 kb. However, we found inconsistencies in the DNA bands of *E. coli* from medical isolates.

ERIC-PCR profiles isolates of *E. coli* from CLR tempeh showed similar pattern while *E. coli* isolates from EMP tempeh showed more heterogenome patterns (Fig 2). Although genetic profiles of *E. coli* isolates in EMP tempeh more varied than CLR tempeh, we found no identical profiles when isolates from tempeh compared to *E. coli* Dh5 α .

Phylogenetic tree based on ERIC-PCR profiles showed the relation between *E. coli* from tempeh and medical isolates (Fig 3). It showed that *E. coli* from tempeh were genetically different from those of medical isolates. *E. coli* from tempeh formed a separate group (Group I-IV), while medical isolates formed Group VI and *E. coli* DH5 α formed Group V.

Table 1 The frequency of *E. coli* presence in fresh tempeh

Tempeh samples	Numbering of sampling	EMB Agar (Number of isolates)	Simmon's Citrate Agar (Number of isolates)
EMP	1	-	-
	2	20	17
	3	12	11
	4	4	3
DRG	1	23	-
	2	-	-
	3	-	-
	4	20	-
WJB	1	-	-
	2	-	-
	3	-	-
	4	-	-
CLR	1	-	-
	2	-	-
	3	3	3
	4	-	-
Total of isolates		81	33

Note (-) = Colonies which are not green metallic on EMB agar or did not utilize citrate in Simmon's Citrate agar

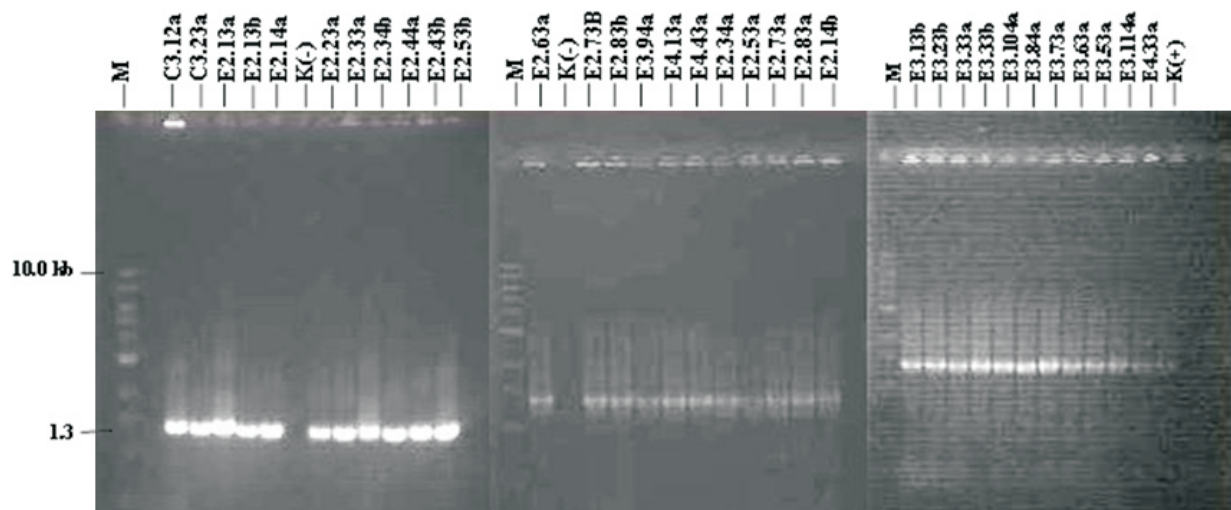


Fig 1 Amplification results of 16S rRNA genes *E. coli* from tempeh. Molecular markers (M), isolates from tempeh (C3.12a-E4.33a), positive control (K+), negative control (K-).

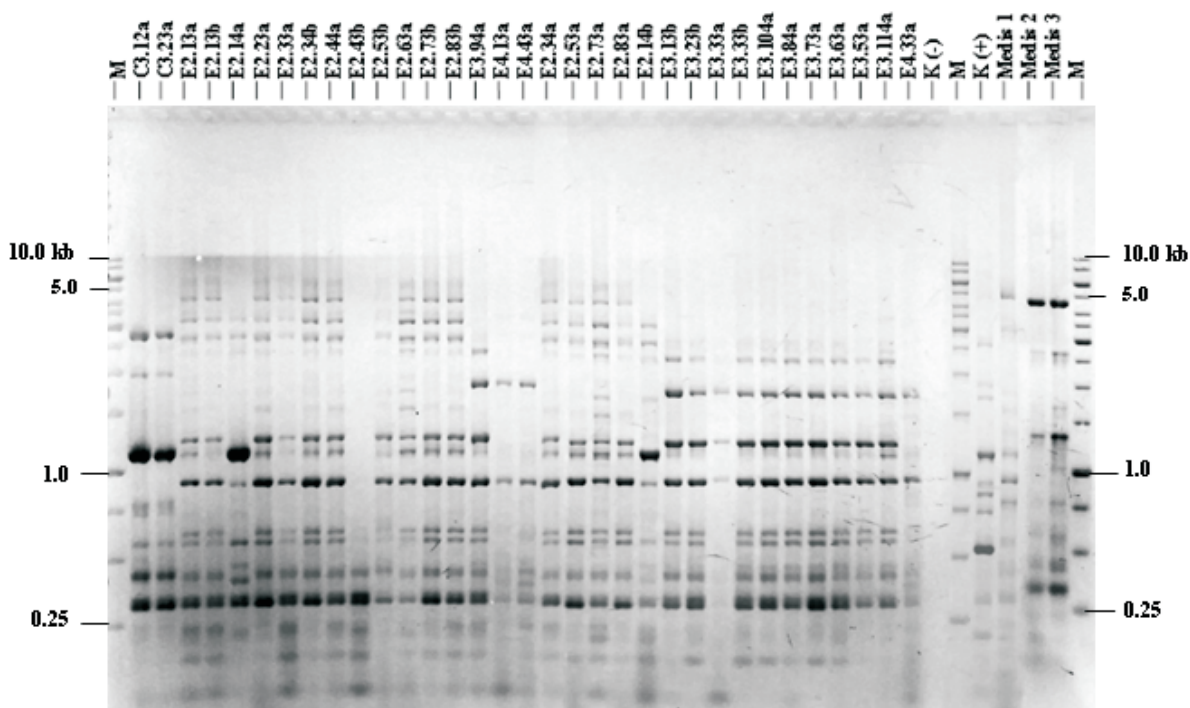


Fig 2 Genetic profiles ERIC-PCR isolates of *E. coli* from tempeh and medical isolates. Molecular markers (M), isolates from CLR tempeh (C3.12a, C3.23a), isolates from EMP tempeh (E2.13a-E4.33a), negative control (K-), *E. coli* DH5a (K+), *E. coli* ATCC 25922 (Medis 1), EPEC K.1.1 (Medis 2), and *E. coli* O157 (Medis 3).

DISCUSSION

The presence of *E. coli* in tempeh have been reported by Barus *et al.* (2008). *E. coli* from tempeh were varied in each sampling of the same producers (Table 1). *E. coli* was not always found in tempeh even the ones produced by the same producers despite of in the same tempeh. *E. coli* in tempeh may be affected by various sources such as raw materials, tools, people, and surrounding environment. The spread way of *E.*

coli in tempeh can be occurred due to cross contamination directly (by hand) and indirectly (through the water) during processing (Antara and Gunam 2002). The presence of *E. coli* in food indicated contamination due to non-hygienic food processing or handling. Therefore, *E. coli* is often used as an indicator of sanitary (Githiri *et al.* 2009).

Molecular approach can be used to detect the presence of *E. coli* by amplifying the DNA sequences which encoded 16S rRNA gene. 63f and 1387r primers

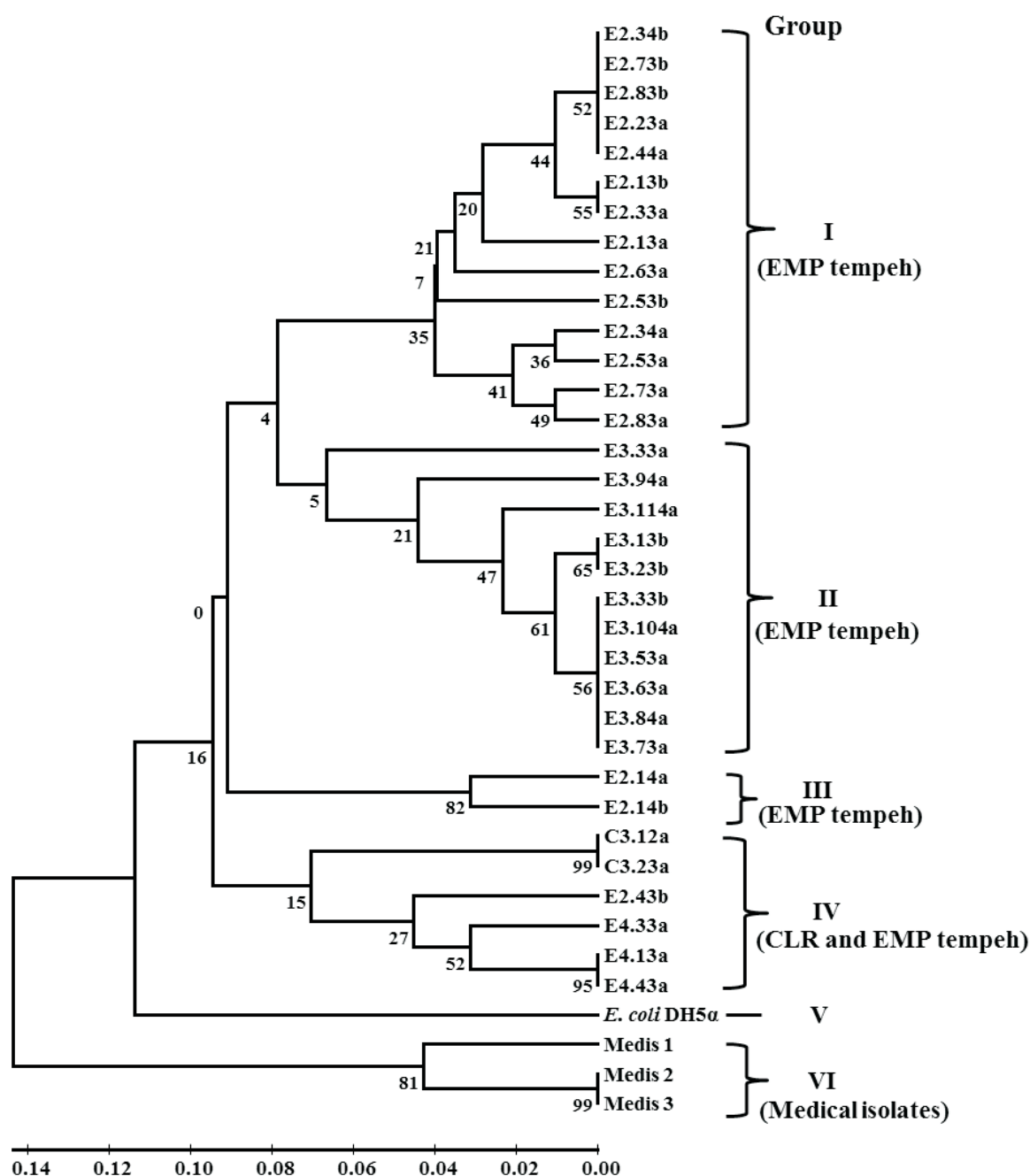


Fig 3 Phylogenetic tree constructed from of ERIC-PCR profiles using UPGMA method through MEGA 5.2 program with 1000x bootstrap. *E. coli* DH5α, *E. coli* ATCC 25922 (Medis 1), EPEC K.1.1 (Medis 2), *E. coli* O157 (Medis 3), and Group (I-VI).

were used to amplify 16S rRNA gene sequences of *E. coli*. During the amplification process, 63f primer starts to amplify the DNA template on the position of 43-63, meanwhile 1387r primer were amplified the DNA on the position of 1387–1370, so that the resulting product approximately 1.3 kb in size (Marchesi *et al.* 1998). The 16S rRNA sequences were used as molecular markers because of their ubiquity and their identical function in all cellular-based organisms in addition to their conservative and varied sequence (Pangastuti 2006).

Analysis of bacterial virulence can be recognized

from the phenotype (Stenutz *et al.* 2006). Some serotypes of *E. coli* known to have virulence factors are O (somatic), H (flagellar), and K (capsular) surface antigen profiles (Nataro and Kaper 1998). Serotype of O157:H7 can induce the secretion of body fluids excessively and continuously that can lead to diarrhea or meningitis. *E. coli* O157 harbors VT1 and VT2 genes, generally found on pig (Suardana *et al.* 2007).

In this study, the multiple DNA fragments of all *E. coli* strains generated from ERIC primers were composed of 4-13 bands ranging in sizes between 0.25 kb and 5 kb (Fig 3A). The results indicated the extent of

genetic diversity in *E. coli*. Meacham (2003) stated that the difference in the number and size of the ERIC-PCR profiles described genetic diversity among bacterial isolates. ERIC-PCR technique employs consensus primers during PCR to amplify DNA sequences located between successive repetitive sequence. It is often used for subtyping Gram-negative enteric bacteria (Hulton *et al.* 1991).

Isolates of *E. coli* from tempeh showed similar characteristics in EMB media. However, the genomic profiles of *E. coli* from tempeh were different from those of medical isolates. UPGMA phylogenetic tree (Fig 3) showed that isolates of *E. coli* from tempeh formed separates group from medical isolates. Isolates of *E. coli* from CLR tempeh did not showed genetic diversity and closely related to some isolates of EMP tempeh which clustered in Group IV. In contrast to *E. coli* isolates from CLR tempeh, *E. coli* from EMP tempeh showed more genetic diversity. *E. coli* isolate from EMP tempeh are both closely and distantly related.

ERIC-PCR technique was successfully employed to determine genetic profiles of *E. coli* from tempeh and medical isolates and it showed more discriminatory power than 16S rRNA genes analysis. Previous study reported that ERIC-PCR was employed to obtain ERIC sequences of *Klebsiella* spp. from tempeh and it showed more discriminative results than 16S rRNA genes analysis (Barus *et al.* 2013). Ayu *et al.* (2014) reported that ERIC-PCR was able to differentiate genetic profiles of tempeh-derived *K. pneumoniae* isolates from those of medical isolates.

Our results showed that *E. coli* isolates from tempeh could be a distinctive non-pathogenic groups. Not all tempeh contain *E. coli* and the presence of *E. coli* in tempeh was not always found in every sample and every batch. Based on the analysis of genetic DNA profile using ERIC-PCR showed that *E. coli* from tempeh were different from *E. coli* pathogens or associated with medical isolates. However, there is no single report that consumption tempeh which contain *E. coli* will cause disease. Non aesthetic traditional tempeh production may contain some *E. coli* isolates. However, it does not mean necessarily contain dangerous bacteria.

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